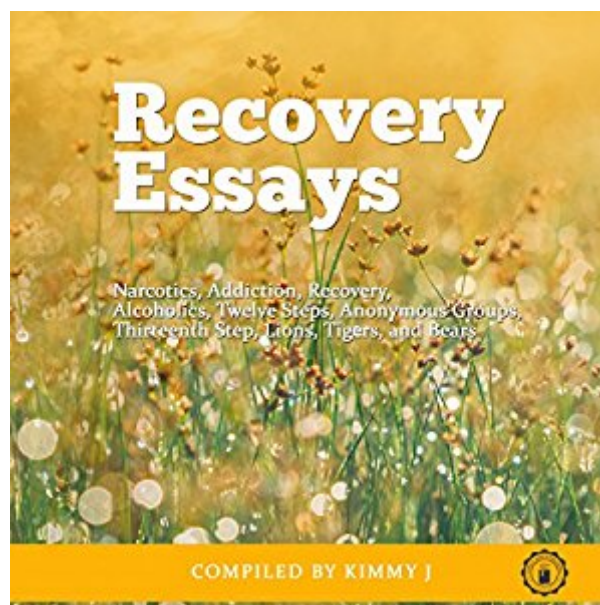




The book was found

Recovery Essays: Narcotics, Addiction, Recovery, Alcoholics, Twelve Steps, Anonymous Groups, Thirteenth Step, Lions, Tigers, And Bears



Synopsis

These essays are ultimately designed for long term members of 12 step fellowships to help them be better sponsors and to help them be of service to others without allowing it to become their whole identity. In recovery, we get a chance to help others, but, in attempting to do so, we end up making mistakes, and coming face to face with our own characters defects. Service to other is a chance for us to exercise our own personal demons. Here are some essays, written by Twelve Step members, as they struggle to learn how to lead other by example. If you are new to recovery or questioning staying clean, then this book probably isn't for you. There is a whole myriad of books focused on early recovery. Here are the titles of the four essays: Spirituality vs. Religion Selfish Service and Evangelism Newcomer Obsession The Thirteenth Step Sharing Like Shakespeare Expanded and Explained

Book Information

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Customer Reviews

A very thoughtful and critical compilation of thoughts on some contentious issues. Whether or not you agree with all of the thoughts put down in these essays I believe that any recovering addict would benefit from reading them. The topic of the 13th step especially resonated with me. Being engaged to someone that was also in the rooms who had significantly less clean time than me was one of my biggest lessons in life. I dealt with people coming at me with lots of opinions on what the hard rules of right and wrong were. Based on my experience my beliefs fall in line with what is written in these pages. I just don't believe I could have expressed them so eloquently. A quick and

insightful read. I look forward to more.

I wish I would have read this before becoming a member of a 12 Step Fellowship, but we don't actually plan it out like that. I loved how the book was written by an experienced member who does not "conform to the norm" regarding unwritten "rules" of the fellowships and highly encourages individual thought, personal growth and focuses more on the evolvement of the fellowships rather than "the way it always has been/if it ain't broke don't fix it" mentality. The book also challenges the member to always ask questions and challenge experienced members. If the experienced member has gained freedom from the fellowships, he or she will welcome the questions of newcomers. I loved the book; big thumbs up.

The Recovery Essays book explores topics all 12-step fellowship members are familiar with, whether we admit it or not. Such topics as "the newcomer obsession" encourages members new and experienced alike to look at their own practices concerning "anonymity", and entertain possible contradictory thoughts on it. "The Thirteenth Step", possibly the most raunchy and controversial topic in the Essays, is hands-down the most perfectly described synopsis to age old dogma and buffoonery. Take the 45 minutes and read this Book, however it might invoke hours of necessary thought and contemplation!

Thought provoking. Fresh perspectives and in depth analysis of common issues in recovery. These essays will help to open any recovering person's mind to broader interpretations of service, sponsorship, spirituality and the way we interact with each other.

We enjoyed reading this book. We found there were a lot of truths in the authors writings and inclusions in this book. As 2 recovering addicts (both with multiple years clean) we had never heard of the 13th Step and honestly still aren't sure about it, but it is a good read for anyone wanting to get slightly into the mind of an addict.

A thoughtful collection of essays that resonates me on many levels. This edition needs some editing work, the errors in spelling and grammar really distract me from what is being said. Some of the sentence structure could be tightened up as well, but the content is rock solid. I am enjoying reading the evolution of the author (s?) and can't wait to read more.

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Recovery Essays: Narcotics, Addiction, Recovery, Alcoholics, Twelve Steps, Anonymous Groups, Thirteenth Step, Lions, Tigers, and Bears Addiction: The Last ADDICTION RECOVERY Guide - The Infallible Method To Overcome Any Addiction: (addiction, addiction recovery, breaking addiction, overcoming ... addiction recovery, recovery, clean Book 4) Breaking Bad Habits: 11 Steps to Freedom (addiction, food addiction, sugar addiction, gambling addiction, addiction recovery, habits, breaking bad habits) It Works: How and Why: The Twelve Steps and Twelve Traditions of Narcotics Anonymous Master Book On Addiction: How To Overcome Drug Addiction-Alcohol Addiction-Smoking Addiction-Gambling Addiction-Internet Addiction-Overeating All About Bears - Black Bears, Grizzly Bears, Brown Bears, Panda Bears, Polar Bears and More! Bear Attacks!: Another â ^All Aboutâ ™ Book in the Childrenâ ™s ... Children's Books and Children's eBooks) The Big Book of Alcoholics Anonymous (Including Twelve Steps and Twelve Traditions) Addiction and Recovery: How to Overcome Alcohol, Gambling, Drug, Sex, Food, and Technology Addictions (Addiction, Substance Abuse, Addiction and Recovery, Alcohol Addiction) Gambling Addiction Cure: Gambling Addiction Cure and Recovery of Your Life (Addiction Recovery, Addiction Gambling, Quit Smoking, Addictions) Porn Addiction: How to Quit Porn, Porn Addiction, Step-by-Step Easy Guide to Control Your Porn Addiction, Stop Watching Porn in 7 Days! (Porn Addiction, Improve Your Relations, Live Happier Life) The Nicotine Addiction Cure - How to Avoid Triggers, Manage Withdrawal Symptoms, and Quit Nicotine & Smoking for Life (tobacco addiction, nicotine addiction, ... recovery, smoking addiction, stop smoking,) The Twelve Steps and Twelve Traditions of Overeaters Anonymous Twelve Jewish Steps to Recovery (2nd Edition): A Personal Guide to Turning From Alcoholism and Other Addictionsâ •Drugs, Food, Gambling, Sex... (The Jewish Lights Twelve Steps Series) Narcotics Anonymous: "It Works - How and Why" & "Step Working Guides" Narcotics Anonymous Step Working Guides Joe and Charlie Big Book Study on 11 CDs with Handouts - Alcoholics Anonymous 12 Steps Gambling Addiction: The Ultimate Guide To Gambling Addiction Recovery: How To Finally Overcome Gambling Addiction And Problem Gambling Forever (Overcome ... Sports Gambling, Fantasy Sports, Poker) The Big Book of Alcoholics Anonymous (Including 12 Steps, Guides & Prayers) Back To Basics - The Alcoholics Anonymous Beginners Meetings "Here are the steps we took..." in Four One Hour Sessions Narcotics Anonymous Collection: Basic Text, Sixth Edition; It Works - How and Why; and Just For Today, Revised

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